



**Yale University School of Medicine
Small Bowel Capsule Endoscopy
40 Temple Street, 1st floor, Suite 1A
New Haven, Ct. 06510
203-785-6525**

One week prior to Capsule ingestion: stop any aspirin, iron supplementation or vitamins containing iron

Day prior to Capsule ingestion:

- **Diabetics:** consult with your primary physician regarding dosage.
- You may eat a normal breakfast and a light lunch. Clear liquids only after lunch until 5:00. At 5:00 p.m. drink 1 bottle (10oz) magnesium citrate. Continue with clear liquids until 8:00 pm. You may take your evening meds with a sip of water.
- No liquids or food after 8:00pm.

Day of Capsule ingestion:

- Nothing by mouth in the morning
- Take any of your normally prescribed morning medications by 6am.
- Dress in comfortable, loose fitting, two piece clothing. Avoid wearing lipstick.
- Your appointment is scheduled for _____.

- If you have any questions please call Ellen at 203-785-6525